

USATF NATIONAL MASTERS 5K CROSS COUNTRY CHAMPIONSHIPS & CAN-AM CHALLENGE
 Hosted By USATF Niagara At Delaware Park, Buffalo, NY
 September 23, 2018

Results By Leone Timing & Results Services
 www.leonetiming.com

MASTERS WOMEN RACE RESULTS

PLACE	NAME	SEX	AGE	TIME	PACE	TEAM	RESIDENCE	BIB
1	Sonja Friend-Uhl	F	47	19:21	6:14	Atlanta Track Club	Boca Raton FL	76
2	Jill Braley	F	40	19:42	6:21	Atlanta Track Club	Cartersville GA	20
3	Abby Dean	F	47	19:47	6:22	Athena Track Club	Philadelphia PA	51
4	Katherine Wolski	F	52	19:49	6:23		Knoxville TN	230
5	Marisa Sutera Stran	F	55	20:01	6:27	Athena Track Club	Pleasant Valley NY	211
6	Heather Webster	F	44	20:29	6:36	Genesee Valley Harriers	Honeoye Falls NY	223
7	Liz Gottlieb	F	43	20:52	6:43	Impala Racing Team	San Rafael CA	84
8	Amy Fakterowitz	F	50	21:11	6:49	Checkers AC	Williamsville NY	68
9	Lorraine Jasper	F	56	21:27	6:55	Athena Track Club	Birchrunville PA	102
10	Michelle Rohl	F	52	21:30	6:56		Mansfield PA	187
11	Karyl Sargent	F	55	21:33	6:57	Syracuse Track Club	Lafayette NY	192
12	Sabra Harvey	F	69	21:46	7:01	Houston Striders, Inc	Houston TX	93
13	Heather Patterson	F	43	21:51	7:02	Genesee Valley Harriers	Rochester NY	158
14	Sunday Patterson	F	42	21:55	7:04		Austin TX	159
15	Mary Swan	F	56	21:55	7:04	Athena Track Club	Jamesville NY	213
16	Caroline Bucci	F	45	22:02	7:06	Genesee Valley Harriers	Rochester NY	24
17	Paula Johnson	F	57	22:04	7:06	Atlanta Track Club	Decatur GA	105
18	Murphee Hayes	F	44	22:07	7:08	Genesee Valley Harriers	Marathon NY	94
19	Elizabeth Randell	F	51	22:13	7:09	Checkers AC	Buffalo NY	172
20	Alexandra Newman	F	46	22:36	7:17	Impala Racing Team	Golden CO	148
21	Kris Huff	F	54	22:38	7:18	Atlanta Track Club	Newnan GA	98
22	Vanessa Lordi	F	41	22:51	7:22	Strawberry Canyon Track Club	Livermore CA	125
23	Judy Arlington	F	52	23:07	7:27	Checkers AC	Lockport NY	7
24	Suzanne Cordes	F	58	23:17	7:30	Impala Racing Team	Alamo CA	42
25	Betsy Stewart	F	55	23:17	7:30	Athena Track Club	West Chester PA	206
26	Mary Bushallow	F	47	23:23	7:32	Syracuse Track Club	Auburn NY	29
27	Melissa Senall	F	46	23:29	7:34	Genesee Valley Harriers-B	Fairport NY	199
28	Bonnie Lindblom	F	54	23:43	7:38	Genesee Valley Harriers	Rochester NY	121
29	Maureen Bischoff	F	52	23:43	7:38	Genesee Valley Harriers	Fairport NY	13
30	Olga Huber	F	48	23:51	7:41	Genesee Valley Harriers	Macedon NY	97
31	Mireille Silva	F	59	24:01	7:44	Atlanta Track Club	Marietta GA	201
32	Beth Anne DeCiantis	F	56	24:10	7:47	Genesee Valley Harriers	Rochester NY	52
33	Clara Northcott	F	63	24:13	7:48		Canada	151
34	Colleen Magnussen	F	58	24:33	7:55	Genesee Valley Harriers	Buffalo NY	129
35	Susan Pearsall	F	52	24:35	7:55	Central Park Track Club New Balance	New York NY	160
36	Ruth Rainero	F	63	24:44	7:58	Impala Racing Team	San Francisco CA	171
37	Sharon Moore	F	64	24:45	7:58	Genesee Valley Harriers	Rochester NY	143
38	Patricia Ford	F	62	24:46	7:59	Syracuse Track Club	La Fayette NY	72
39	Kathleen Wheeler	F	47	24:56	8:02	Syracuse Track Club	Camillus NY	224
40	Catherine Carroll	F	51	25:19	8:09	Checkers AC	Tonawanda NY	33
41	Kathy Reynolds	F	50	25:32	8:14	Checkers AC	Amherst NY	180
42	Cheryl Guth	F	64	25:50	8:19	Genesee Valley Harriers	Rochester NY	88
43	Sharon Ames	F	61	26:23	8:30	Syracuse Track Club	Fayetteville NY	2
44	Lynn Knothe	F	41	26:35	8:34	Pike Creek Valley Running Club	Wilmington DE	111
45	Susan Stirrat	F	63	26:43	8:36	Shore Athletic Club	Rockaway NJ	208
46	Debra Morris-Allen	F	56	27:27	8:51	Checkers AC-B	East Amherst NY	145
47	Cindy Ingalls	F	67	27:54	8:59	Genesee Valley Harriers	Pittsford NY	100
48	Robin Tanner	F	57	28:17	9:07	Atlanta Track Club	Cullowhee NC	215
49	Christine Klein	F	54	28:23	9:08	Checkers AC-B	Churchville NY	109
50	Deborah Bliss	F	71	28:55	9:19	Finger Lakes Runners Club	Spencer NY	17
51	Jeanne Herrick	F	67	30:17	9:45	Genesee Valley Harriers	Pittsford NY	96
52	Darlene Saeva	F	59	30:28	9:49	Genesee Valley Harriers	Rochester NY	190
53	Linda Rock	F	67	34:09	11:00		Rochester NY	185
54	Leslie Brass	F	71	34:27	11:06	Atlanta Track Club	Murrayville GA	21
55	Terry Foody	F	70	34:32	11:07	Bluegrass Runners	Lexington KY	71
56	Catherine Radle	F	75	38:27	12:23	Atlanta Track Club	Atlanta GA	170
57	Carol Rhodes	F	70	40:10	12:56	Atlanta Track Club	Decatur GA	182
58	Madeline Bost	F	79	41:24	13:20	Morris County Striders	Randolph NJ	18
59	Tami Graf	F	82	42:23	13:39	Potomac Valley Track Club	Lusby MD	85
60	Edna Hyer	F	84	48:55	15:45	Checkers AC	South Wales NY	99

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 40 - 44

PLACE	NAME	AGE	TIME	TEAM	RESIDENCE	BIB
1	Jill Braley	40	19:42	Atlanta Track Club	Cartersville GA	20
2	Heather Webster	44	20:29	Genesee Valley Harriers	Honeoye Falls NY	223
3	Liz Gottlieb	43	20:52	Impala Racing Team	San Rafael CA	84
4	Heather Patterson	43	21:51	Genesee Valley Harriers	Rochester NY	158
5	Sunday Patterson	42	21:55		Austin TX	159
6	Murphee Hayes	44	22:07	Genesee Valley Harriers	Marathon NY	94
7	Vanessa Lordi	41	22:51	Strawberry Canyon Track Club	Livermore CA	125
8	Lynn Knothe	41	26:35	Pike Creek Valley Running Club	Wilmington DE	111

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 45 - 49

PLACE	NAME	AGE	TIME	TEAM	RESIDENCE	BIB
1	Sonja Friend-Uhl	47	19:21	Atlanta Track Club	Boca Raton FL	76
2	Abby Dean	47	19:47	Athena Track Club	Philadelphia PA	51
3	Caroline Bucci	45	22:02	Genesee Valley Harriers	Rochester NY	24
4	Alexandra Newman	46	22:36	Impala Racing Team	Golden CO	148
5	Mary Bushallow	47	23:23	Syracuse Track Club	Auburn NY	29
6	Melissa Senall	46	23:29	Genesee Valley Harriers-B	Fairport NY	199
7	Olga Huber	48	23:51	Genesee Valley Harriers	Macedon NY	97
8	Kathleen Wheeler	47	24:56	Syracuse Track Club	Camillus NY	224

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 50 - 54

PLACE	NAME	AGE	TIME	TEAM	RESIDENCE	BIB
1	Katherine Wolski	52	19:49		Knoxville TN	230
2	Amy Fakterowitz	50	21:11	Checkers AC	Williamsville NY	68
3	Michelle Rohl	52	21:30		Mansfield PA	187
4	Elizabeth Randell	51	22:13	Checkers AC	Buffalo NY	172
5	Kris Huff	54	22:38	Atlanta Track Club	Newnan GA	98
6	Judy Arlington	52	23:07	Checkers AC	Lockport NY	7
7	Bonnie Lindblom	54	23:43	Genesee Valley Harriers	Rochester NY	121
8	Maureen Bischoff	52	23:43	Genesee Valley Harriers	Fairport NY	13
9	Susan Pearsall	52	24:35	Central Park Track Club New Balance	New York NY	160
10	Catherine Carroll	51	25:19	Checkers AC	Tonawanda NY	33
11	Kathy Reynolds	50	25:32	Checkers AC	Amherst NY	180
12	Christine Klein	54	28:23	Checkers AC-B	Churchville NY	109

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 55 - 59

PLACE	NAME	AGE	TIME	TEAM	RESIDENCE	BIB
1	Marisa Sutura Stran	55	20:01	Athena Track Club	Pleasant Valley NY	211
2	Lorraine Jasper	56	21:27	Athena Track Club	Birchrunville PA	102
3	Karyl Sargent	55	21:33	Syracuse Track Club	Lafayette NY	192
4	Mary Swan	56	21:55	Athena Track Club	Jamesville NY	213
5	Paula Johnson	57	22:04	Atlanta Track Club	Decatur GA	105
6	Suzanne Cordes	58	23:17	Impala Racing Team	Alamo CA	42
7	Betsy Stewart	55	23:17	Athena Track Club	West Chester PA	206
8	Mireille Silva	59	24:01	Atlanta Track Club	Marietta GA	201
9	Beth Anne DeCiantis	56	24:10	Genesee Valley Harriers	Rochester NY	52
10	Colleen Magnussen	58	24:33	Genesee Valley Harriers	Buffalo NY	129
11	Debra Morris-Allen	56	27:27	Checkers AC-B	East Amherst NY	145
12	Robin Tanner	57	28:17	Atlanta Track Club	Cullowhee NC	215
13	Darlene Saeva	59	30:28	Genesee Valley Harriers	Rochester NY	190

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 60 - 64

PLACE	NAME	AGE	TIME	TEAM	RESIDENCE	BIB
1	Clara Northcott	63	24:13		Canada	151
2	Ruth Rainero	63	24:44	Impala Racing Team	San Francisco CA	171
3	Sharon Moore	64	24:45	Genesee Valley Harriers	Rochester NY	143
4	Patricia Ford	62	24:46	Syracuse Track Club	La Fayette NY	72

5 Cheryl Guth	64	25:50	Genesee Valley Harriers	Rochester	NY	88
6 Sharon Ames	61	26:23	Syracuse Track Club	Fayetteville	NY	2
7 Susan Stirrat	63	26:43	Shore Athletic Club	Rockaway	NJ	208

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 65 - 69

PLACE	NAME	AGE	TIME	TEAM	RESIDENCE	BIB
1	Sabra Harvey	69	21:46	Houston Striders, Inc	Houston TX	93
2	Cindy Ingalls	67	27:54	Genesee Valley Harriers	Pittsford NY	100
3	Jeanne Herrick	67	30:17	Genesee Valley Harriers	Pittsford NY	96
4	Linda Rock	67	34:09		Rochester NY	185

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 70 - 74

PLACE	NAME	AGE	TIME	TEAM	RESIDENCE	BIB
1	Deborah Bliss	71	28:55	Finger Lakes Runners Club	Spencer NY	17
2	Leslie Brass	71	34:27	Atlanta Track Club	Murrayville GA	21
3	Terry Foody	70	34:32	Bluegrass Runners	Lexington KY	71
4	Carol Rhodes	70	40:10	Atlanta Track Club	Decatur GA	182

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 75 - 79

PLACE	NAME	AGE	TIME	TEAM	RESIDENCE	BIB
1	Catherine Radle	75	38:27	Atlanta Track Club	Atlanta GA	170
2	Madeline Bost	79	41:24	Morris County Striders	Randolph NJ	18

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 80 - 84

PLACE	NAME	AGE	TIME	TEAM	RESIDENCE	BIB
1	Tami Graf	82	42:23	Potomac Valley Track Club	Lusby MD	85
2	Edna Hyer	84	48:55	Checkers AC	South Wales NY	99

WOMEN'S 40+ TEAM RESULTS

1.	12	Atlanta Track Club	(20:34	1:01:41	3:17)
1	1	Sonja Friend-Uhl	47	Boca Raton	FL	19:21
2	2	Jill Braley	40	Cartersville	GA	19:42
3	9	Kris Huff	54	Newnan	GA	22:38
2.	14	Genesee Valley Harriers	(21:28	1:04:22	1:33)
1	3	Heather Webster	44	Honeoye Falls	NY	20:29
2	5	Heather Patterson	43	Rochester	NY	21:51
3	6	Caroline Bucci	45	Rochester	NY	22:02
4	(7)	Murphee Hayes	44	Marathon	NY	22:07
5	(11)	Olga Huber	48	Macedon	NY	23:51
3.	22	Impala Racing Team	(22:15	1:06:45	2:25)
1	4	Liz Gottlieb	43	San Rafael	CA	20:52
2	8	Alexandra Newman	46	Golden	CO	22:36
3	10	Suzanne Cordes	58	Alamo	CA	23:17
4	(12)	Ruth Rainero	63	San Francisco	CA	24:44

WOMEN'S 50+ TEAM RESULTS

1.	9	Athena Track Club	(21:08	1:03:23	1:54)
----	---	-------------------	---	-------	---------	-------

1	1	Marisa Sutera Strange	55 Pleasant Valley	NY	20:01
2	3	Lorraine Jasper	56 Birchrunville	PA	21:27
3	5	Mary Swan	56 Jamesville	NY	21:55
4	(9)	Betsy Stewart	55 West Chester	PA	23:17
2. 17 Checkers AC (22:11 1:06:31 1:56)					
=====					
1	2	Amy Fakterowitz	50 Williamsville	NY	21:11
2	7	Elizabeth Randell	51 Buffalo	NY	22:13
3	8	Judy Arlington	52 Lockport	NY	23:07
4	(16)	Catherine Carroll	51 Tonawanda	NY	25:19
5	(17)	Kathy Reynolds	50 Amherst	NY	25:32
3. 34 Genesee Valley Harriers (23:52 1:11:36 0:27)					
=====					
1	10	Bonnie Lindblom	54 Rochester	NY	23:43
2	11	Maureen Bischoff	52 Fairport	NY	23:43
3	13	Beth Anne DeCiantis	56 Rochester	NY	24:10
4	(14)	Colleen Magnussen	58 Buffalo	NY	24:33
5	(20)	Darlene Saeva	59 Rochester	NY	30:28
4. 37 Syracuse Track Club (24:14 1:12:42 4:50)					
=====					
1	4	Karyl Sargent	55 Lafayette	NY	21:33
2	15	Patricia Ford	62 La Fayette	NY	24:46
3	18	Sharon Ames	61 Fayetteville	NY	26:23
5. 37 Atlanta Track Club (24:48 1:14:22 6:13)					
=====					
1	6	Paula Johnson	57 Decatur	GA	22:04
2	12	Mireille Silva	59 Marietta	GA	24:01
3	19	Robin Tanner	57 Cullowhee	NC	28:17

WOMEN'S 60+ TEAM RESULTS

1. 6 Genesee Valley Harriers (26:10 1:18:29 3:09)					
=====					
1	1	Sharon Moore	64 Rochester	NY	24:45
2	2	Cheryl Guth	64 Rochester	NY	25:50
3	3	Cindy Ingalls	67 Pittsford	NY	27:54
4	(4)	Jeanne Herrick	67 Pittsford	NY	30:17

WOMEN'S 70+ TEAM RESULTS

1. 6 Atlanta Track Club (37:42 1:53:04 5:43)					
=====					
1	1	Leslie Brass	71 Murrayville	GA	34:27
2	2	Catherine Radle	75 Atlanta	GA	38:27
3	3	Carol Rhodes	70 Decatur	GA	40:10

MASTERS WOMEN AGE GRADED RESULTS

PLACE	NAME	SEX	AGE	AGE GRADE	TIME	TEAM	RESIDENCE	BIB
1	Sabra Harvey	F	69	95.66	21:46	Houston Striders, Inc	Houston TX	93
2	Marisa Sutera Stran	F	55	87.29	20:01	Athena Track Club	Pleasant Valley NY	211
3	Katherine Wolski	F	52	85.23	19:49		Knoxville TN	230
4	Sonja Friend-Uhl	F	47	82.72	19:21	Atlanta Track Club	Boca Raton FL	76
5	Lorraine Jasper	F	56	82.41	21:27	Athena Track Club	Birchrunville PA	102
6	Karyl Sargent	F	55	81.08	21:33	Syracuse Track Club	Lafayette NY	192
7	Paula Johnson	F	57	81.05	22:04	Atlanta Track Club	Decatur GA	105
8	Abby Dean	F	47	80.91	19:47	Athena Track Club	Philadelphia PA	51
9	Mary Swan	F	56	80.65	21:55	Athena Track Club	Jamesville NY	213
10	Clara Northcott	F	63	79.46	24:13		Canada	151
11	Sharon Moore	F	64	78.74	24:45	Genesee Valley Harriers	Rochester NY	143

12	Michelle Rohl	F 52	78.56	21:30		Mansfield	PA 187
13	Amy Fakterowitz	F 50	78.00	21:11	Checkers AC	Williamsville	NY 68
14	Ruth Rainero	F 63	77.80	24:44	Impala Racing Team	San Francisco	CA 171
15	Suzanne Cordes	F 58	77.72	23:17	Impala Racing Team	Alamo	CA 42
16	Jill Braley	F 40	77.01	19:42	Atlanta Track Club	Cartersville	GA 20
17	Patricia Ford	F 62	76.72	24:46	Syracuse Track Club	La Fayette	NY 72
18	Kris Huff	F 54	76.33	22:38	Atlanta Track Club	Newnan	GA 98
19	Mireille Silva	F 59	76.26	24:01	Atlanta Track Club	Marietta	GA 201
20	Heather Webster	F 44	76.08	20:29	Genesee Valley Harriers	Honeoye Falls	NY 223
21	Cheryl Guth	F 64	75.44	25:50	Genesee Valley Harriers	Rochester	NY 88
22	Elizabeth Randell	F 51	75.19	22:13	Checkers AC	Buffalo	NY 172
23	Betsy Stewart	F 55	75.05	23:17	Athens Track Club	West Chester	PA 206
24	Liz Gottlieb	F 43	74.11	20:52	Impala Racing Team	San Rafael	CA 84
25	Deborah Bliss	F 71	74.03	28:55	Finger Lakes Runners Club	Spencer	NY 17
26	Colleen Magnussen	F 58	73.71	24:33	Genesee Valley Harriers	Buffalo	NY 129
27	Beth Anne DeCiantis	F 56	73.14	24:10	Genesee Valley Harriers	Rochester	NY 52
28	Judy Arlington	F 52	73.06	23:07	Checkers AC	Lockport	NY 7
29	Bonnie Lindblom	F 54	72.84	23:43	Genesee Valley Harriers	Rochester	NY 121
30	Cindy Ingalls	F 67	72.64	27:54	Genesee Valley Harriers	Pittsford	NY 100
31	Susan Stirrat	F 63	72.02	26:43	Shore Athletic Club	Rockaway	NJ 208
32	Caroline Bucci	F 45	71.31	22:02	Genesee Valley Harriers	Rochester	NY 24
33	Maureen Bischoff	F 52	71.21	23:43	Genesee Valley Harriers	Fairport	NY 13
34	Sharon Ames	F 61	71.13	26:23	Syracuse Track Club	Fayetteville	NY 2
35	Heather Patterson	F 43	70.77	21:51	Genesee Valley Harriers	Rochester	NY 158
36	Murphee Hayes	F 44	70.46	22:07	Genesee Valley Harriers	Marathon	NY 94
37	Alexandra Newman	F 46	70.15	22:36	Impala Racing Team	Golden	CO 148
38	Sunday Patterson	F 42	70.07	21:55		Austin	TX 159
39	Susan Pearsall	F 52	68.70	24:35	Central Park Track Club New Balance	New York	NY 160
40	Mary Bushallow	F 47	68.45	23:23	Syracuse Track Club	Auburn	NY 29
41	Olga Huber	F 48	67.81	23:51	Genesee Valley Harriers	Macedon	NY 97
42	Melissa Senall	F 46	67.51	23:29	Genesee Valley Harriers-B	Fairport	NY 199
43	Jeanne Herrick	F 67	66.92	30:17	Genesee Valley Harriers	Pittsford	NY 96
44	Vanessa Lordi	F 41	66.78	22:51	Strawberry Canyon Track Club	Livermore	CA 125
45	Catherine Carroll	F 51	65.98	25:19	Checkers AC	Tonawanda	NY 33
46	Kathy Reynolds	F 50	64.71	25:32	Checkers AC	Amherst	NY 180
47	Debra Morris-Allen	F 56	64.39	27:27	Checkers AC-B	East Amherst	NY 145
48	Kathleen Wheeler	F 47	64.20	24:56	Syracuse Track Club	Camillus	NY 224
49	Robin Tanner	F 57	63.23	28:17	Atlanta Track Club	Cullowhee	NC 215
50	Leslie Brass	F 71	62.14	34:27	Atlanta Track Club	Murrayville	GA 21
51	Terry Foody	F 70	61.13	34:32	Bluegrass Runners	Lexington	KY 71
52	Christine Klein	F 54	60.86	28:23	Checkers AC-B	Churchville	NY 109
53	Tami Graf	F 82	60.36	42:23	Potomac Valley Track Club	Lusby	MD 85
54	Darlene Saeva	F 59	60.11	30:28	Genesee Valley Harriers	Rochester	NY 190
55	Linda Rock	F 67	59.35	34:09		Rochester	NY 185
56	Catherine Radle	F 75	59.00	38:27	Atlanta Track Club	Atlanta	GA 170
57	Madeline Bost	F 79	58.28	41:24	Morris County Striders	Randolph	NJ 18
58	Lynn Knothe	F 41	57.40	26:35	Pike Creek Valley Running Club	Wilmington	DE 111
59	Edna Hyer	F 84	54.96	48:55	Checkers AC	South Wales	NY 99
60	Carol Rhodes	F 70	52.56	40:10	Atlanta Track Club	Decatur	GA 182